

Footprints of WPC

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Deliver to addressee or current resident.

**Daily Quiet Time:
Beginning of Renewal**

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PERMIT #192

Like most people, my devotional time consisted of Bible reading followed by prayer. My prayer life changed, however, when I learned of spiritual discipline — meditation — between plain Bible reading and full - out prayer. Meditation is prayer, a full reflection on what God has just told you in His word. It is neither study nor prayer, exactly, but a combination. For example, Psalm 1 is not a prayer, but more a meditation, indicating the doorway into deeper prayer. Learn to do meditative prayer, and you will enrich your prayer life in untold ways.

Four Steps:

- 1. Quiet Yourself** — Focusing: to prepare to meet with your Lord
- 2. Bible Reading** — Listening: to understand the truth
- 3. Meditation** — Reflecting: to sense the reality of the truth
- 4. Response** — Seeking: to see God at work in your life, the lives of others, and the world

Quiet Yourself: Silence... Simple Prayer... Quiet Music or Hymn...Deep Breathing... Take a few minutes to focus on God and to shut out distractions. Experiment. Vary this.

Bible Reading: Slowly read the scripture passage 2-3 times, inviting the Holy Spirit to reveal God's truth to you. Read for understanding. Write down answers to the following:

- What does this text tell me about God? (e.g. His names, attributes, desires, promises, commands)
- What does it tell me about mankind? (e.g. nature of man, examples to avoid or follow)

Meditation: Become aware of God's loving presence and read the passage again. Notice how He might be speaking to you through His Word. Dwell on a word or a phrase that jumps out at you. Record answers to the following:

- What truth has caught the attention of my heart or mind? (e.g. a command to be obeyed, a comfort to be savored, a characteristic of God to be grasped)

(Continued on inside - page 2)

FOOTPRINTS OF WPC

Westminster Presbyterian Church

July/
August
2017



Our Mission is:

LOVING GOD,

We are a community of faith, called together by Jesus Christ to love God with all our heart, and all our minds, and all our strength. (Mark 12:30)

LOVING LIFE,

Southwest Florida is the best place we know to live out our faith with one another, learning together and loving each other.

LOVING OUR NEIGHBORS

We were created by God, each with a unique gift to share with our neighbors. We are encouraging and empowering the sharing of gifts with the world in Jesus' name.



(Pastor's message continued from cover page.)

- Think about this truth. What is it really saying? Put it into your own words.
- Why is God showing me this today? As thoughts become clear or convicting, write them down.
- If this truth is alive in my life, how would I be different?
(e.g. How does God want to transform my heart, thinking, habits, relationships?)

Response: Talk to God about this truth. Some find the ACTS model of prayer helpful. But the essence is simply to respond to what God has shown you. Be yourself; ask questions; try not to rush. A response can also be silence or tears.

- Adore God for who He is (e.g. His attributes revealed in this passage)
- Confess the sinful emotions, attitudes, and behavior that result when we forget who He is
- Thank God for what He has done (e.g. His grace to forgive and heal us)
- Supplicate (ask) for comfort and help in applying this truth today

Bonus: Intercede for Others. The Bible is not just my story—it is first and foremost God's story, then our story, and finally my story.

- What does this truth and the passage reveal about God's heart for the people and world around you? (e.g. family, neighbors, workplace, Westminster.)
- Who or what has God put on your heart today? Pray this truth for them.

The Reverend Dr. John Wintringham

Mission:

Non-Perishable food items will continue to be collected throughout the summer for Our Daily Bread, Beth-El (in the brown box) and Misión Peniel (in the red wagon.) These collection containers are in the narthex of the church.

Three-Cents-A-Meal will be collected on July 30. The amount is \$8.91. This amount is three cents for each meal since the last five-Sunday month (April). These funds are distributed equally among Our Daily Bread, Beth-El and Misión Peniel.

School Supplies will be collected during the month of July for Beth-El. The weeks before school begins, school supplies are on sale at low prices just about everywhere. Bring your supplies to church and put them in the designated boxes in the narthex. Most schools begin classes about the second week of August.

The following supplies are needed:

back pack	5-subject notebooks	3-prong folders with pockets	pencil bags
3-ring binder with pockets	pencils	washable markers (many are needed)	pens
colored pencils	loose leaf paper	erasers of any type	hand sanitizer
highlighters	tissue packs	3-hole dividers	

Joyce Johnson, Mission Committee Chair

Happy Birthday to all of you born in July!

2	William "Bill" Barnhard	4	Jean Aldrich
5	Lois Lee	14	Charles Kellogg
15	Paul Atherton	15	Louise Blair
15	Millicent Riley	25	Marie Hancock
25	Sandra Atherton	30	Joan Sommerfeld

Happy Birthday to all of you born in August!

3	The Reverend Dr. John Wintringham	5	Dale Crandall
5	Beth Stone	8	Joyce Johnson
8	Tammy Barr	9	Martha Dennis
9	Carol Bricker	12	Barbara Harris
13	Barbara Baxter	14	Donald Goudy
15	Nancy Shimandle	18	Pam Insani
18	Laura Woodson	19	Gertrude Sewell
22	Jody Crowl	22	Donald Hacker
23	Ray Arvidson	25	Clyde Lee
28	John Hamilton	29	Pearl Sharps
29	Nancy Regal		

It's me again- Calvin the church mouse. I was so sure not much would be going on this summer but boy was I wrong.

We have a new interim minister and he has everyone hopping. Pastor John is holding 4 meetings in June and July for everyone who is interested in Westminster. The talks start with "Coming to terms with History and Discovering a New Identity." If you missed the first two meetings in June you can join the second and fourth Tuesday in July at 6PM in the Fellowship Hall. Pastor John wants to make sure we move forward in the right direction.

I hope you all remember July is when we collect school supplies for Beth El. Last year we got so much that it took hours to sort everything. This poor mouse was very tired and did not get anything to eat. The Mission Committee said I will be busy again when we sort and deliver during the second week in August.

Also in June, I watched as three new Deacons came on board. It is good to see members wanting to work for their church and God.

Fellowship after church is always a good time for me since someone always drops something on the floor for this poor mouse. Make sure you come over for the goodies. Every third Sunday Tami (Goudy) bakes a cake for everyone having a birthday during that month.

The Parkinson group still meets every Wednesday at 11 AM so please let anyone you know who could use this program know about it. Also every third Tuesday a group of our members go to Our Daily Bread to serve the noon meal.

So you see folks, there is a lot going on this summer. I hope you join in and watch for me as I will be running all over the campus.
Calvin, Westminster's Church Mouse

Upcoming Events:

There are some open dates for sanctuary flowers. If you are interested in sponsoring flowers for one of these Sundays, please call Daphne-Ann Haynes at 776-1085.

- July 30
- October 15 and 29
- November 12 and 26
- December 3 and 17

Flower Dedications for July and August:

July 2	Onugha family	July 9	Gladys Rockensuess
July 16	Joyce & Woody Johnson	July 23	Mrs. George Akins and Dick Eaton
August 6	Mr. & Mrs. John James and Judy Cromer	August 13	Emmett & Jean Scott
August 20	John & Linda Progar	August 27	Rev. & Mrs. Peter MacFarlane

Update: Joan Sommerfeld had her hip surgery on May 22 and is doing great! Praise the Lord!

Addendum#11 (to the 2015 Pictorial Telephone Directory)

Aldrich, Jean, moved: Apt. 110, 3229 19 St West, Bradenton, FL 34205

DeBruin, Bob, went to live with Christ on 6-14-17.

Douglass, Beverly, went to live with Jesus on May 14, 2017.

Hanna, Phyllis, address correction, Westminster Towers, Room 177, 320 15th St Crt W, Bradenton, FL 34205

Hanna, Richard, went to his heavenly home in May 2017 (date unsure of)

Sommerfelds, if you changed their address to 6015 Courtside, please change it back to 3611 Avenida Madera in Bradenton. They didn't move after all.

“Choose Civility”, from The Baltimore Sun Editorial, 6/2/17. (Submitted anonymously)

It encourages acknowledging others, assuming the best, being inclusive, and perhaps above all, listening.”

Ten Things to Always Remember.... And One Thing to Never Forget

Your presence is a present to the world. You're truly one of a kind. Your life can be what you want it to be. Take the days one at a time. Count your blessings, not your troubles. You'll make it through whatever comes along. Within you are so many answers. Have courage. Be strong. Wish upon a star, and don't ever forget....how very special you are.

A note from a former visitor of Westminster Dear Friends at Westminster...years ago I enjoyed attending your church with my late mother, Laura Bell and our friend Charlotte Heald and we enjoyed your church so much! She was always one of the first ones there for services for many years. She has been in a nursing home in Tampa for over 4 years....I jut learned of her transition. She passed in mid February - she was 93 or about that. She enjoyed the hymn “What A Friend We Have in Jesus”. I didn't know if her family had contact with you. Thank you for the prayers. I know you must have prayed for her. Most sincerely, Gail

P.S. I kept some of the songs inserted in the church bulletins when I attended. I enjoy reading “Be Strong In the Lord” daily. Thank you so much.

P.P.S. I'm wishing you all the very best always and remembering your church with warm and grateful memories. God Bless You All Most abundantly.
Your friend in God's love, Gail Williams
(postmarked May 5 from Des Moines, Iowa)

Thank you notes:

“Thank you” to all of you who sent lovely cards with expressions of sympathy by mail or email, or gave food, hugs, flowers and love after the passing of my sister. It meant so much during a very difficult time and your thoughtfulness will always be remembered. God bless all of you and thank you again.
In Christian love, Sandra

Memorials

In memory of

- Gloria DeBruin
- Mary Stockmeier
- Carol Halloin Ziller
- Beverly Douglass
- Beverly Douglass
- Robert DeBruin

Given by

- Charlotte Mattson
- Charlotte Mattson
- The Newhalls
- Townsend family
- Gene & Joan Sommerfeld
- Perry Matz